EAST MID HIGH							
	08/26	08/27	08/28	08/29	08/30		
Lunch	Chicken Patty Sandwich Sweet Potato Fries Mexi Beans Tossed Salad Assorted Fresh Fruit	Soft Taco Beef Burrito Tossed Salad Refried Beans Grape Tomatoes Assorted Fresh Fruit	Chicken Strip Green Beans Dinner Roll Mashed Potatoes Assorted Fresh Fruit	BBQ Sandwich Steak Fingers Scalloped Potatoes Sunchip Assortment Tossed Salad Assorted Fresh Fruit	Pizza Pocket, Pepperoni Chicken Wrap Glazed Carrots Corn Assorted Fresh Fruit		

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS							
	08/26	08/27	08/28	08/29	08/30		
Lunch	Chicken Patty Sandwich Potato Smiles Mexi Beans Baby Carrots Ranch Dressing Apple Slices Pkg	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Grape Tomatoes Apple Slices Pkg	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Apple Slices Pkg	BBQ Sandwich Mini Corn Dogs Sunchip Assortment Scalloped Potatoes Tossed Salad Grape Tomatoes Apple Slices Pkg	Pizza Pocket, Pepperoni Broccoli Corn Apple Slices Pkg		

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL						
	08/26	08/27	08/28	08/29	08/30	
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bow Vegetable Selection	
Bowls Mexican and American	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	Build Your Own Taco Bowl Nachos Meat & Cheese	
CHIX Lunch	Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smacke Dinner Roll Assorted Fresh Fruit	
Eat Muchos Tacos	BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	
On the FLY	Assorted Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Assorted Fresh Fruit	Assorted Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Assorted Fresh	Assorted Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Assorted Fresh	Assorted Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Assorted Fresh	Assorted Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Assorted Fresh	

On the FLY is a Grab and Go line featuring FRESH menu items.

Other items including milk, fruit, vegetable, and grains will be offered as part of the meal.

We offer Assorted Salads, Sandiwches, 100% Juice, and Milk Every Day!! Menus may change and are subject to availability.

	ST. MARY'S							
	<u>08/26</u>	<u>08/27</u>	08/28	<u>08/29</u>	08/30			
Lunch	TBA	TBA	TBA	TBA	TBA			
	Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!							
Meals on Wheels	Chicken Pattty Sandwich Sweet Potato Fries Mexi Beans	Hamburger Oven Fried Potatoes Ranch Beans	Chicken Strips Green Beans Mashed Potatoes	Steak Fingers Cheesy Potatoes Vegetable Selection	Pizza Pocket, Pepperoni Glazed Carrots Tossed Salad			
	Dessert	Dessert	Country Gravy Dinner Roll Dessert	Dinner Roll Dessert	Dessert			

WASHINGTON PRE-K CENTER						
	<u>08/26</u>	08/27	08/28	08/29	08/30	
Lunch	Chicken Patty Sandwich Mexi Beans Apple Slices Pkg	Soft Taco Mexi Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Apple Slices Pkg	Mini Corn Dogs Tossed Salad Apple Slices Pkg	Pizza Pocket, Pepperoni Broccoli Apple Slices Pkg	
	Menus may change and are subject to availability.					

WEST MIDDLE SCHOOL							
	08/26	08/27	08/28	08/29	<u>08/30</u>		
Lunch	Chicken Patty Sandwich Chicken Wrap Potato Smiles Mexi Beans Baby Carrots Apple Slices Pkg	Soft Taco Beef Burrito Tossed Salad Refried Beans Mexi Rice Grape Tomatoes Apple Slices Pkg	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Apple Slices Pkg	BBQ Sandwich Mini Corn Dogs Scalloped Potatoes Sunchip Assortment Tossed Salad Grape Tomatoes Apple Slices Pkg	Pizza Pocket, Pepperoni Broccoli Corn Apple Slices Pkg		

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!