| EAST MID HIGH |                                                                           |                                                                     |                                                                |                                                                           |                                                                           |  |  |
|---------------|---------------------------------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------|--|--|
|               | <u>05/06</u>                                                              | <u>05/07</u>                                                        | 05/08                                                          | 05/09                                                                     | 05/10                                                                     |  |  |
| Lunch         | Chicken Patty<br>Sandwich<br>Mexi Beans<br>Baby Carrots<br>Ranch Dressing | Soft Taco Nachos Meat & Cheese Refried Beans Tossed Salad Mexi Rice | Chicken Strip<br>Green Beans<br>Dinner Roll<br>Mashed Potatoes | Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes | Pizza Pocket,<br>Pepperoni<br>Broccoli w/Cheese<br>Ranch Dressing<br>Corn |  |  |

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

| ELEMENTARY SCHOOLS |                                                                                               |                                                                              |                                                                                      |                                                                                            |                                                                                |  |  |
|--------------------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--|--|
|                    | <u>04/15</u>                                                                                  | 04/16                                                                        | 04/17                                                                                | 04/18                                                                                      | 04/19                                                                          |  |  |
| Lunch              | Chicken Patty<br>Sandwich<br>Mexi Beans<br>Baby Carrots<br>Ranch Dressing<br>Apple Slices Pkg | Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Apple Slices Pkg | Chicken Nuggets<br>Green Beans<br>Dinner Roll<br>Mashed Potatoes<br>Apple Slices Pkg | Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes Apple Slices Pkg | Pizza Pocket, Pepperoni Broccoli w/Cheese Ranch Dressing Corn Apple Slices Pkg |  |  |

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

|                                     | PONCA CITY HIGH SCHOOL                                                             |                                                                                   |                                                                                               |                                                                                                      |                                                                                               |  |  |
|-------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--|--|
|                                     | <u>04/15</u>                                                                       | <u>04/16</u>                                                                      | 04/17                                                                                         | 04/18                                                                                                | 04/19                                                                                         |  |  |
| Bowls<br>Italian<br>and<br>Asian    | Italian Pasta Bowl<br>Vegetable<br>Selection                                       | Asian RICE<br>BOWLS<br>Fried Rice<br>Vegetable<br>Selection                       | Italian Pasta Bowl<br>Vegetable<br>Selection                                                  | Asian RICE<br>BOWLS<br>PHO<br>Fried Rice<br>Vegetable<br>Selection                                   | Italian Pasta Bow<br>Vegetable<br>Selection                                                   |  |  |
| Bowls<br>Mexican<br>and<br>American | Build Your Own<br>Taco Bowl<br>Nachos Meat &<br>Cheese                             | Build Your Own<br>Taco Bowl<br>Nachos Meat &<br>Cheese                            | Build Your Own<br>Taco Bowl<br>Nachos Meat &<br>Cheese                                        | Build Your Own<br>Taco Bowl<br>Nachos Meat &<br>Cheese                                               | Build Your Own<br>Taco Bowl<br>Nachos Meat &<br>Cheese                                        |  |  |
| CHIX<br>Lunch                       | Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit | Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit  | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit                   | Buffalo Chicken<br>Chunks<br>Steak Fingers<br>French Fries<br>Dinner Roll<br>Assorted Fresh<br>Fruit | Popcorn Smacker<br>Chef Jeff's BBQ<br>Beef Sandwich<br>Dinner Roll<br>Assorted Fresh<br>Fruit |  |  |
| Eat<br>Muchos<br>Tacos              | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit  | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit                    | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit             |  |  |

Menus may change and are subject to availability.

| ST. MARY'S            |                                                                                    |                                                                                  |                                                                              |                                                                                                |                                                                                          |  |  |
|-----------------------|------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|--|--|
|                       | <u>04/15</u>                                                                       | 04/16                                                                            | 04/17                                                                        | 04/18                                                                                          | 04/19                                                                                    |  |  |
| Lunch                 | Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges | Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Orange, Fresh Wedges | Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges | Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes Orange, Fresh Wedges | Pizza Pocket, Pepperoni Broccoli w/Chees Ranch Dressing Corn Orange, Fresh Wedges        |  |  |
|                       |                                                                                    | , ,                                                                              | d are subject to availal<br>ches, 100% Juice, and                            |                                                                                                |                                                                                          |  |  |
| Meals<br>on<br>Wheels | Chicken Alfredo<br>Broccoli<br>Garlic Bread<br>Dessert                             | Hamburger<br>French Fries<br>Ranch Beans<br>Dessert                              | Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert | Mongolian Beef<br>Egg Roll<br>Rice, White<br>Broccoli<br>Dessert                               | Chicken Fried Steak Country Gravy Vegetable Selection Mashed Potatoes Diner Roll Dessert |  |  |

| WASHINGTON PRE-K CENTER |                                                             |                                                  |                                                              |                                                  |                                                                     |  |
|-------------------------|-------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------|--|
|                         | <u>04/15</u>                                                | <u>04/16</u>                                     | 04/17                                                        | 04/18                                            | 04/19                                                               |  |
| Lunch                   | Chicken Patty<br>Sandwich<br>Mexi Beans<br>Apple Slices Pkg | Beef Burrito<br>Tossed Salad<br>Apple Slices Pkg | Chicken Nuggets Dinner Roll Mashed Potatoes Apple Slices Pkg | Steak Fingers<br>Green Beans<br>Apple Slices Pkg | Pizza Pocket,<br>Pepperoni<br>Broccoli w/Cheese<br>Apple Slices Pkg |  |

Menus may change and are subject to availability.

| WEST MIDDLE SCHOOL |                                                                                |                                                                              |                                                                          |                                                                                            |                                                                                |  |  |
|--------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--|--|
|                    | 04/15                                                                          | 04/16                                                                        | 04/17                                                                    | 04/18                                                                                      | 04/19                                                                          |  |  |
| Lunch              | Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Apple Slices Pkg | Soft Taco Beef Burrito Refried Beans Tossed Salad Mexi Rice Apple Slices Pkg | Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Apple Slices Pkg | Steak Fingers BBQ Sandwich Sunchip Assortment Tossed Salad Grape Tomatoes Apple Slices Pkg | Pizza Pocket, Pepperoni Broccoli w/Cheese Ranch Dressing Corn Apple Slices Pkg |  |  |

Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!