

EAST MID HIGH

| | <u>05/13</u> | <u>05/14</u> | <u>05/15</u> | <u>05/16</u> | <u>05/17</u> |
|--------------|--------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------|------------------------------|
| Lunch | Rib Patty Sandwich Baked Beans Glazed Carrots | Cheese Enchilada Nachos Meat & Cheese Refried Beans Broccoli | Chicken Strip Green Beans Mashed Potatoes Dinner Roll | Hot Dog Chicken Leg Tossed Salad Sunchip Assortment | Cheese Pizza Peas Corn |

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

| | <u>05/13</u> | <u>05/14</u> | <u>05/15</u> | <u>05/16</u> | <u>05/17</u> |
|--------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-----------------------------------------------|
| Lunch | Rib Patty Sandwich Baked Beans Glazed Carrots Grapes, Fresh | Cheese Enchilada Nachos Meat & Cheese Refried Beans Broccoli Grapes, Fresh | Chicken Strip Green Beans Mashed Potatoes Dinner Roll Grapes, Fresh | Hot Dog Chicken Leg Sunchip Assortment Tossed Salad Baby Carrots Grapes, Fresh | Cheese Pizza Peas Corn Grapes, Fresh |

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PONCA CITY HIGH SCHOOL

| | <u>05/13</u> | <u>05/14</u> | <u>05/15</u> | <u>05/16</u> | <u>05/17</u> |
|-----------------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| Bowls Italian and Asian | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS Fried Rice Vegetable Selection | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS PHO Fried Rice Vegetable Selection | Italian Pasta Bowl Vegetable Selection |
| Bowls Mexican and American | Build Your Own Taco Bowl Nachos Meat & Cheese | Build Your Own Taco Bowl Nachos Meat & Cheese | Build Your Own Taco Bowl Nachos Meat & Cheese | Build Your Own Taco Bowl Nachos Meat & Cheese | Build Your Own Taco Bowl Nachos Meat & Cheese |
| CHIX Lunch | Chicken Wings Chicken Patty Sandwich Dinner Roll French Fries Assorted Fresh Fruit | Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit | Buffalo Chicken Chunks Steak Fingers French Fries Dinner Roll Assorted Fresh Fruit | Popcorn Smackers Chef Jeff's BBQ Beef Sandwich Dinner Roll Assorted Fresh Fruit |
| Eat Muchos Tacos | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |

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ST. MARY'S

| | <u>05/13</u> | <u>05/14</u> | <u>05/15</u> | <u>05/16</u> | <u>05/17</u> |
|--------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------|
| Lunch | Rib Patty Sandwich Baked Beans Glazed Carrots Apple Slices Pkg | Cheese Enchilada Nachos Meat & Cheese Refried Beans Broccoli Apple Slices Pkg | Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apple Slices Pkg | Hot Dog Chicken Leg Tossed Salad Baby Carrots Sunchip Assortment Apple Slices Pkg | Cheese Pizza Peas Corn Apple Slices Pkg |

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|------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Meals on Wheels | Spaghetti & Meatballs Tossed Salad Vegetable Selection Bread Stick Dessert | Hamburger Ranch Beans Oven Fried Potatoes Dessert | Chicken Strip Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert | BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert | Salisbury Steak Brown Gravy Mashed Potatoes Vegetable Selection Dinner Roll Dessert |
|------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|

WASHINGTON PRE-K CENTER

| | <u>05/13</u> | <u>05/14</u> | <u>05/15</u> | <u>05/16</u> | <u>05/17</u> |
|--------------|-------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------|------------------------------------------|---------------------------------------|
| Lunch | Rib Patty Sandwich Glazed Carrots Grapes, Fresh | Nachos Meat & Cheese Refried Beans Grapes, Fresh | Chicken Strip Mashed Potatoes Grapes, Fresh | Hot Dog Tossed Salad Grapes, Fresh | Cheese Pizza Peas Grapes, Fresh |

Menus may change and are subject to availability.

WEST MIDDLE SCHOOL

| | <u>05/13</u> | <u>05/14</u> | <u>05/15</u> | <u>05/16</u> | <u>05/17</u> |
|--------------|----------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------|
| Lunch | Rib Patty Sandwich Baked Beans Glazed Carrots Grapes, Fresh | Cheese Enchilada Nachos Meat & Cheese Refried Beans Broccoli Grapes, Fresh | Chicken Strip Green Beans Mashed Potatoes Dinner Roll Grapes, Fresh | Hot Dog Chicken Leg Tossed Salad Baby Carrots Sunchip Assortment Grapes, Fresh | Cheese Pizza Peas Corn Grapes, Fresh |

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