

EAST MID HIGH

	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Fresh Fruit	Pepperoni Pizza Cheese Pizza Baby Carrots Ranch Dressing Corn Fresh Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apples Cinnamon Slices	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Apples Cinnamon Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Apples Cinnamon Slices
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>
CHIX	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk BBQ Sandwich French Fries Dinner Roll Fruit, Fresh Assorted	Popcorn Smackers Buffalo Chicken Pizza Pizza, Assorted Dinner Roll Fruit, Fresh Assorted
Eat Muchos Tacos	Taco Bar Byo, Burrito Stuffed Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar Byo, Burrito Stuffed Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar Byo, Burrito Stuffed Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar Byo, Burrito Stuffed Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar Byo, Burrito Stuffed Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.

ST. MARY'S

	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Broccoli w/Cheese Apples Cinnamon Slices	Frito Chili Pie Corn Dog Glazed Carrots Mexi Beans Apples Cinnamon Slices	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apples Cinnamon Slices	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Apples Cinnamon Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Apples Cinnamon Slices
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Meals on Wheels	BBQ Sandwich Glazed Carrots Baked Beans (Vegetarian) Dessert	Hamburger Ranch Beans French Tossed Salad Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Beef Burrito Mexi Rice Mexi Beans Tossed Salad Dessert	Spaghetti & Meatballs Tossed Salad Bread Stick Dessert

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WASHINGTON PRE-K CENTER

	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>
Lunch			Chicken Strip Mashed Potatoes Apples Cinnamon Slices	Cheese Bites Marinara Sauce Tossed Salad Apples Cinnamon Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Apples Cinnamon Slices

WEST MIDDLE SCHOOL

	<u>08/22</u>	<u>08/23</u>	<u>08/24</u>	<u>08/25</u>	<u>08/26</u>
Lunch			Chicken Strip Green Beans Mashed Potatoes Dinner Roll Apples Cinnamon Slices	Cheese Bites Marinara Sauce Cheese Lasagna Italian Vegetables Tossed Salad Apples Cinnamon Slices	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Apples Cinnamon Slices

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!